



Press Release

Get Fighting Fit with Muay Thai Mastery at InterContinental

7 August 2024, Bangkok, Thailand: InterContinental Bangkok offers a way to experience Thailand's iconic martial arts first hand with the Muay Thai Mastery programme at Infinity Fitness. Immerse yourself in a unique part of Thai culture and master the ancient practice of Thai kickboxing while enhancing your fitness in personalised sessions.

A dynamic 90-minute programme, Muay Thai Mastery can be led by a professional coach at THB 2,800++ or a personal trainer at THB 2,200++. Train with a partner for an additional charge of THB 1,000++ for the second person.

Delivering the ultimate Muay Thai workout, the experience is an exhilarating and effective way to meet your fitness goals with expert guidance.

Become fighting fit while getting in touch with authentic Thai culture in expertly designed sessions.

Muay Thai Mastery programme is available at Infinity Fitness daily from 10.00 to 19.00 hours.

For reservations and inquiries, please contact InterContinental Bangkok at SPA.bkkhb@ihg.com or by calling +66 (0) 2 656 0444 or visit Bangkok.InterContinental.com

Prices are in Thai Baht and subject to 10% service charge and applicable government taxes.

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Media Contact

Vipasiri Napawongdee, Director of Marketing Communications, InterContinental Bangkok
vipasiri.napawongdee1@ihg.com +66 (0) 81 414 5955

Mariko Ishida, Marketing Communications Manager, InterContinental Bangkok
mariko.ishida@ihg.com +66 (0) 87 502 7808

Notes to editors

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